

DOUNE HEALTH CENTRE
Travel Clinic Information

Travel contact Nurse is Linda Keay (01786 841213.)

Appointments available on Monday, Tuesday and Wednesday.

Please fill in the travel questionnaire as fully as possible and hand it into the reception staff. Contact daytime/work telephone number or mobile numbers are essential so that a member of staff can talk to you to arrange an appointment and order vaccines in advance. **The first appointment will require a 20 minute consultation so please mention this if you are booking an appointment.**

We encourage you to try and access travel information prior to your clinic visit by checking this useful website www.fitfortravel.scots.nhs.uk

Timescale is very important when planning a vacation/ trip, so please allow yourself enough time. Ideally 6 weeks before departure. Some immunisations are single vaccines but you should be aware that other ones are multiple dose and require to be given over several weeks for sufficient protection. It is therefore essential to plan appointments well in advance with the travel nurse and follow a specific vaccine programme and not miss clinic appointments in order to achieve optimum protection.

We can offer travel vaccines which are available on the NHS. This includes: Tetanus, diphtheria, polio, Hepatitis A and typhoid.

Rabies, Hepatitis B, Japanese Encephalitis B, Malaria medication and various other immunisations are not issued on the NHS and are by private prescription only, this includes the cost of the vaccines and there is a handling charge for this service of £10 per patient. We do not administer Yellow Fever vaccinations in Doune Health Centre, but there are several private travel clinics locally and in Edinburgh and Glasgow that are Yellow Fever centres.

Please find a list of private Travel Clinics overleaf. Please note that we cannot recommend any particular Travel Clinic nor fees charged by them. Private Travel Clinics usually have extended hours and evening appointments and can deal with your travel needs, vaccinations, advice, insect repellents, nets etc.

Last minute/late travellers may find it easier and more convenient to book appointments through a private Travel Clinic especially when there is no-one available in Doune Health Centre to look into your travel requirements at certain times or at short notice. Unfortunately, we cannot offer travel services to temporary residents or students who are living away from home and registered elsewhere.

Occasionally we are asked about BCG (TB vaccination) immunisation stopped in the UK in 2005. Enquiries can be made through the Respiratory Department (Royal Infirmary, Edinburgh) and some Travel Clinics in Edinburgh and Glasgow.

Remember there are benefits for your travel health and wellbeing if you can contact us as soon as you start planning a trip whether it is for business or pleasure.

Please try and keep an up to date record of your vaccine history.

Please keep this page for reference

DOUNE HEALTH CENTRE
Travel Clinic Information

Gecko Travel clinic. This is a local clinic which holds clinics in Bannerman's Pharmacy, Well Place, Dunblane and at Airthrey Medical Centre. Contact 07769172357

Ochilview Travel Clinic, Falkirk - 01324 715876

Edinburgh:

The specialist Travel Clinic, Ward 41, Western General Hospital. Edinburgh - 01315372822

Masta Travel Clinic , Quality Street, Edinburgh - 01313363038 or 03301004169

Edinburgh Travel Clinic, Newington, Edinburgh - 01316671030 Adventure Travel Clinic, Leith, Edinburgh - 01315611945

Glasgow:

Brownlee Travel Clinic, Gartnavel, Glasgow - 0141 2110286

Travel Clinic City Centre, 45 Hope Street, Glasgow - 01414040075

Masta Travel Clinic, Mitchell Street, Glasgow - 01412214224 or 0330100417